



Portland VA Medical Center
3710 SW US Veteran's Hospital Road
Portland, OR 97239

Substance Abuse Treatment Program

A comprehensive program of community and medical center-based services for Veterans seeking assistance for Substance Use Disorders

Substance Abuse Treatment Program

- ◆ Outpatient program with varying levels of intensity to match patient's needs.
- ◆ Individualized treatment plans collaboratively developed w/ veteran & SATP case manager.
- ◆ Skills-based, whole-person treatment.
- ◆ Interdisciplinary Treatment Team approach for all patients.
- ◆ Consultative services available to Mental Health and Primary Care Clinics.
- ◆ Educational "*Recovery Skills*" classes.
- ◆ Specialized "Elder Veteran" program -*The Class of 45* - providing outpatient treatment for veterans 60 years of age and older.
- ◆ Antabuse & Naltrexone Clinics
- ◆ Smoking Cessation Services
- ◆ Referrals available to Portland VA Medical Center's Methadone Program
- ◆ Walk-in Access screening and admission three times weekly.
- ◆ Referrals to other substance abuse treatment resources as appropriate.
- ◆ Referrals taken via CPRS for all services described above except Antabuse and Naltrexone clinics.

How to Access SATP Services

Veterans:

If you are a veteran seeking services for problems related to your use of alcohol or drugs, ask your provider for a referral to the SATP Access clinic.

Or

Simply present to any of the following three walk-in Access clinics for screening and referral:

In the Portland Hospital

Tuesdays please arrive between 8:00 and 8:30 AM in Bldg 104, P-2

Ask for the SATP Access clinic.

On the Vancouver Campus

Wednesdays and Fridays 8:30 – 9:00 AM in Bldg D-7, F- wing (the SATP)

Ask for the SATP Access clinic.

Providers:

Referrals to the SATP access clinics as well as SATP consultative services and skills groups are available through CPRS (to both the main hospital and the Vancouver campus). We have limited consultative services available in Salem as well as the Portland Vet Center.

What Are the Signs of a Problem?

How can you tell whether you may have a drug use or drinking problem? Answering the following four questions can help you find out:

- Have you ever felt you should cut down on your drug use or drinking?
- Have people annoyed you by criticizing your drug use or drinking?
- Have you ever felt bad or guilty about your drug use or drinking?
- Have you ever had a drink or used drugs first thing in the morning (as an “eye opener” or “pick me up”) to steady your nerves or get rid of a hangover?

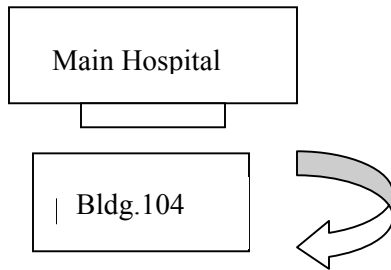
One “yes” answer suggests a possible substance use disorder. If you answered “yes” to more than one question, it is highly likely that a problem exists. In either case, it is important that you see your doctor or other health care provider right away to discuss your answers to these questions. He or she can help you determine whether you have a drinking problem and, if so, recommend the best course of action.

Even if you answered “no” to all of the above questions, if you encounter drug or drinking-related problems with your job, relationships, health, or the law, you should seek professional help. The effects of alcohol and drug abuse can be extremely serious—even fatal—both to you and to others.

Excerpted from NIAAA: “Alcoholism: Getting the Facts.”

How to Find Us:

Portland:

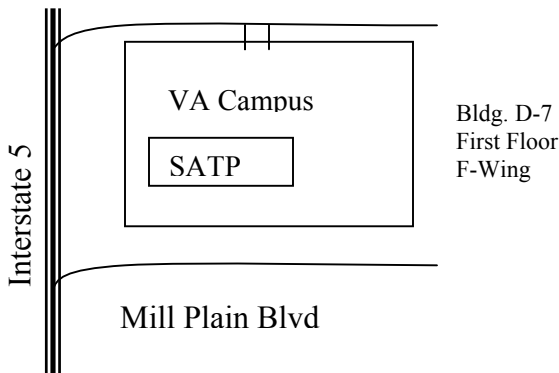


Down stairs to level P-2

North ↑

Vancouver:

Fourth Plain Blvd.



SATP Interdisciplinary Staff:

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